



Saturday, November 29th
Reiki 1 Attunement - 10 am to 4 pm

Sunday, November 2nd
Reiki II Attunement – 1pm to 6 pm

with Ann Baldwin, PhD, Usui Reiki Master

Join me and experience the art of healing through Reiki and receive a Reiki Level I or Level II Attunement so you can fully incorporate Reiki into your life. Reiki will open the pathway for clear consciousness, helping you along your path of spiritual awakening. During this workshop you will learn about Reiki: what it is, how it was developed, and how scientific research demonstrates that Reiki's effects on the body are beneficial and measurable. Learning Reiki will give you the experiences of increased relaxation, reduced stress, heightened vitality and mental clarity.

Classes are held in mid-town Tucson, Arizona. Exact location is given on registration.

For more information, visit www.mind-body-science.com or to register, contact Ann Baldwin at 520.795.4048 or via [email: abaldwin@mind-body-science.com](mailto:abaldwin@mind-body-science.com)

All participants must register in advance