

October 12th, Tuesday 4 - 6 pm

Workshop on the Science of Reiki (\$25)

**Location – Lotus Massage and Wellness Center,
2850 E. Grant Rd (Grant/Country Club)**

Reiki is a Japanese word that means spirit-guided life energy and is used to reduce stress, pain and anxiety. Join Ann Baldwin, PhD, Research Professor of Physiology, University of Arizona and Usui Reiki Master, to learn about scientific experiments that show the power and possible limits of Reiki. Dr. Baldwin helped develop the Touchstone Process to systematically analyze published, peer-reviewed studies of Reiki.

- Connect to sensors to see how Reiki affects your own heart rhythm as you give and receive Reiki
- Learn about the current theories of how Reiki works and new evidence for those theories

Some previous knowledge of Reiki is desirable but not essential

To register, go to: www.mind-body-science.com

Deadline for registration is October 4th, 2010